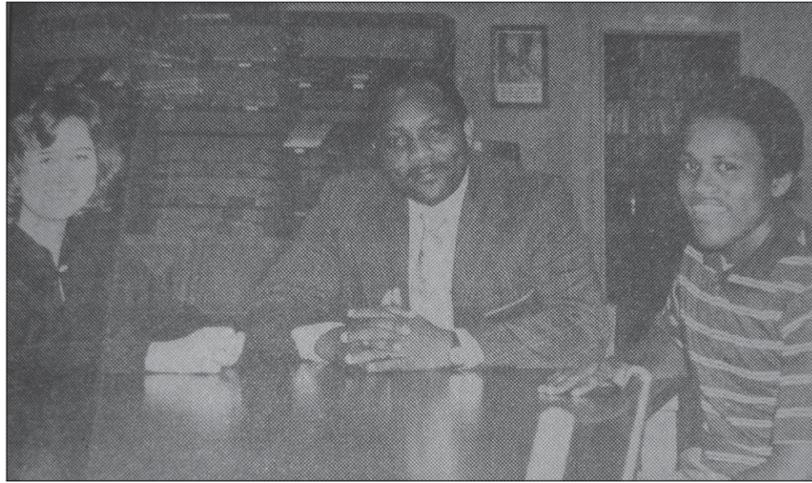


# Throwback Thursday #tbt



Reprinted from the Jan. 19, 1978 edition of the Camden County Tribune

Two Camden County High School seniors have been awarded this year's DAR Good Citizens Award. Members of the senior class nominate one student for each homeroom and the nominees are voted upon by teachers at the school. Pictured are, left to right, Bonnie Lloyd, co-winner; Mr. Peter Baker, Camden County High principal; and Clifford Mainor, co-winner.



## RIDE THE TRAIN!

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## VFW holding essay contests

The Veterans of Foreign Wars Post No. 8385 and Auxiliary are sponsoring the Patriot's Pen youth essay writing contest. This VFW-sponsored youth essay competition gives students an opportunity to express their views on a patriotic theme each year.

This year's theme is "What Freedom Means to Me." The first-place national award is currently \$5,000 plus an all-expense paid trip to Washington, D.C., for the winner and a parent or guardian.

Patriot's Pen is open to students in sixth, seventh and eighth grades enrolled in public, private or parochial schools in the U.S. and its territories. Home-schooled students also are eligible.

The essay must be a student's original work and a product of the student's own thinking. The approach to the Patriot's Pen theme should be positive and clearly focused. Poetry is not acceptable.

All essays should be typed in English and cannot be less than 300 words or greater than 400 words in length.

The deadline is Friday, Oct. 30. Entry forms may be picked up at the Camden Middle School guidance office and from St. Marys Middle School teacher Jason Smith.

For more information, call VFW auxiliary chairwoman Linda Bryan at (912) 729-4554 or Bob Roache, VFW chairman at (912) 227-1413

in the evenings.

### Voice of Democracy

The Veterans of Foreign Wars (VFW) Post 8385 and Auxiliary are sponsoring the Voice of Democracy contest, which has been the VFW's premier scholarship program since 1947.

Each year, almost 40,000 high-school students compete for more than \$2 million in scholarships and incentives. Students compete by writing and recording an audio essay on an annual patriotic theme.

This year's theme is "My Vision for America." The deadline is Friday, Oct. 30.

Prizes and scholarships are awarded at the post, district, state and national levels. State winners receive an all-expense-paid trip Feb. 27 to March 2, 2016, to Washington, D.C., to tour the city, be honored by the VFW and auxiliary and receive their portion of \$152,000 in national awards, the top scholarship being \$30,000.

The competition is open to students in grades nine through 12 who are enrolled in a public, private or parochial high school or home study program in the United States, its territories and possessions, or in an overseas U.S. military/civilian dependent school.

Those who wish to enter should record a three- to five-minute essay on an audio CD or a flash drive, one student per CD or flash drive.

The preferred format for CDs is the audio CD format. When burning the CD, students should make sure that the "Create Audio CD" option (or similar) is selected so the program can properly convert the sound file and burn it to CD. After it has finished, the CD should be played back on a system other than a computer, such as a standard radio or car CD player, to verify that the conversion/burning process was successful. The student should then label the recording, neatly-typed essay and attach the VFW completed entry form. These items should be submitted to the school/group competition or local VFW Post for judging.

All recordings must be in the student's own voice and in English. Hearing/speech impaired students should call the Voice of Democracy National Office at (816) 968-1117 for special instructions. No music, singing, poetry or sound effects are allowed. The body of the essay must not identify the student in any way, although the recording and typed essay should be labeled with their name to show ownership.

Students may enter only one Voice of Democracy competition per year. Entry forms may be obtained from Chrissy Bunderick at the Camden County High School guidance office or from VFW chairman Bob Roach at (912) 227-1413 or Linda Bryan of the auxiliary at (912) 729-4552.

No music, singing, poetry or sound effects are allowed. The body of the essay must not identify the student in any way, although the recording and typed essay should be labeled with their name to show ownership.

Students may enter only one Voice of Democracy competition per year.

Entry forms may be obtained from Chrissy Bunderick at the Camden County High School guidance office or from VFW chairman Bob Roach at (912) 227-1413 or Linda Bryan of the auxiliary at (912) 729-4552.

## Taking the next step

As the downtown visioning steering committee is sorting through hundreds of ideas submitted by residents to determine a reasonable and affordable long-term, mid-term, and short-term plan for enhancing our historic district, the city will launch the master planning process for the entire city of St. Marys next week.



**John Morrissey**

Guest columnist

ambiance.

Achieving the balance that meets those needs and desires will require attention to necessary zoning and ordinance changes. It will require a very specific economic development plan. It will require buy-in from our tax-paying citizens. It will require a public-private partnership between the city, its boards and authorities, and business and property owners throughout the city.

It will require adherence to planned goals and objectives and an honest measurement of how we are achieving those goals at least annually.

And, yes it will require a thoughtful and creative approach to financing the St. Marys we envision. The citizen-approved redevelopment powers will be crucial

to that approach.

I am excited that we are undertaking this long-needed approach to city planning. I know the committee members are excited. As we move through the process, there will be dozens of different opportunities for citizens and business owners to get involved in the process so that we incorporate hundreds of ideas, concepts and concerns, not just a few.

We are not naïve enough to believe that we can do this overnight. To incorporate all aspects necessary to create the right plan, it will take 18 months. We are committed to doing it right to make sure it is a master plan that expands our horizons and yet can be implemented over a specific timeframe.

I am confident that as we move forward, the excitement will build and so will the confidence that together we can create a future St. Marys that is one we seek rather than one created by happenstance.

You can be assured I will keep you posted on the progress because I am committed to ensuring this project succeeds.

John Morrissey is the mayor of St. Marys. He can be contacted at [john.morrissey@stmarysga.gov](mailto:john.morrissey@stmarysga.gov) or (912) 510-4041.

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### NOTICE OF REQUEST FOR PROPOSALS FOR AGING SERVICES Coastal Regional Commission (CRC) Area Agency on Aging

NOTICE IS HEREBY GIVEN that in accordance with Georgia Department of Human Resources Division of Aging Services (DAS), the Coastal Regional Commission, the designated Area Agency on Aging (AAA) for Bryan, Bulloch, Camden, Chatham, Effingham, Glynn, Liberty, Long and McIntosh Counties seeks qualified providers to deliver

- Home Delivered Meals to homebound elders age 60 and over,
- Senior Center Congregate Meals,
- Homemaker, Personal Care, and/or In-home Respite Services,
- Adult Day Care Services
- Mobile Adult Day Care Services
- GeorgiaCares Program
- Care Coordination for Community Care Services Program
- Elder Legal Assistance & Elder Abuse Prevention Services, and
- Money Follows the Person program

in part or throughout the Coastal region. Requests for Proposals are available at the CRC website <http://www.crc.ga.gov/departments/aaa/aaa.html> and can be submitted by mail or delivered to:

**CRC Area Agency on Aging**  
Attn: Director, Aging Services  
1181 Coastal Drive SW, Darien, GA 31305  
(FAX) 912-437-0840  
Email: [dlovett@crc.ga.gov](mailto:dlovett@crc.ga.gov)

A Bidder's Conference is scheduled for Thursday, November 12, 2015 and will be held at the Coastal Regional Commission Area Agency on Aging located at 1181 Coastal Drive SW, Darien, GA, beginning at 10:00 a.m. Training on the Uniform Cost Methodology will be provided that afternoon, with a follow-up question/answer session. Due to the complex nature of the proposal process all applicants are expected to attend this training session.

Proposals will be accepted by the CRC until Friday, December 4, 2015 at 12:00 p.m. Successful Offerors will be notified on or about January 8, 2016 for service implementation July 1, 2016.

## CASA hosts workshop on abuse

Camden County Court Appointed Special Advocates (CASA) will host the Stewards of Children program Tuesday, Nov. 3, at 711 Charles Gilman Jr. Ave. in Kingsland.

The free workshop for parents, staff and volunteers advocating for children will be held from 5:30 to 7:30 p.m.

Its purpose is to help children stay safe from sexual predators.

The program will increase knowledge, improve attitudes and change child-pro-

tektive behaviors. The program is for any responsible adult who cares about the welfare of children. It is also appropriate for youth-serving organizations and personnel.

The training is being offered free of charge to 100 people in the community in honor of Child Abuse Prevention Month.

Topics covered will include the following:

- facts about the problem of child sexual abuse;
- types of situations in which child sexual abuse

might occur;

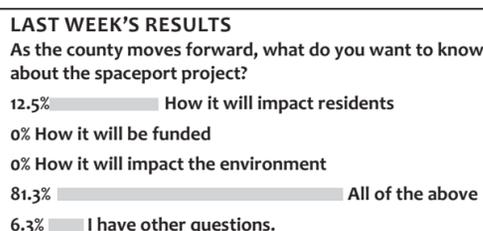
- simple effective strategies for protecting children from sexual abuse;

- the importance of talking about the prevention of sexual abuse with children and other adults;

- the signs of sexual abuse so that one might intervene and be able to react responsibly.

To register for this program or to host a training at an organization, call (912) 882-3119 or send an email to [bridget@camdencountycasa.org](mailto:bridget@camdencountycasa.org).

**WE WANT YOUR OPINION**  
Who do you think will win the Kingsland mayor's race?



www.tribune-georgian.com

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