



Proclamation

May is Mental Health Month

WHEREAS, mental health is essential to the overall health and well-being of every individual; and

WHEREAS, all individuals experience times of difficulty and stress in their lives; and

WHEREAS, one in five American adults will have a diagnosable mental health condition in any given year; and

WHEREAS, fifty percent of Americans will meet the criteria for a diagnosable mental health condition sometime in their life, and half of those people will develop conditions by the age of 14; and

WHEREAS, prevention is a known and effective way to treat and address many mental health conditions; and

WHEREAS, there is a strong body of research that supports specific methodology that people of all ages can use to better handle challenges, stress and crisis in order to protect their health and well-being; and

WHEREAS, mental health conditions are real and prevalent in our community, especially those conditions that are likely to result in severe depression or suicide and

WHEREAS, recent studies indicate that the incidence of suicide in Camden County is occurring at an alarming rate, and

WHEREAS, with early and effective treatment, affected individuals with mental health conditions can recover and lead full, productive lives; and

WHEREAS, a healthier community can be created when its citizens, government agencies and business entities share the responsibility to promote mental wellness and support prevention efforts.

NOW, THEREFORE, IT IS HEREBY PROCLAIMED that the Mayor of the City of St. Marys, Georgia proclaims May, 2015 as

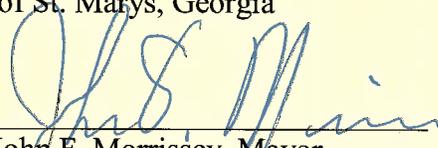
“MENTAL HEALTH MONTH”

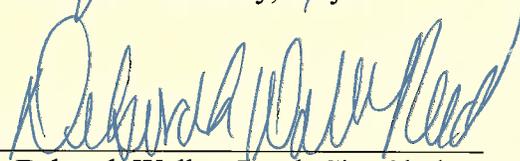
FURTHER, I urge all **citizens**, government agencies, public and private institutions, businesses and schools in St. Marys to recommit our individual and collective efforts to increasing awareness and understanding of mental health, the steps all citizens can take to protect their mental health, and the need for appropriate and accessible services for all people with mental health conditions.

RESOLVED by the Mayor of the City of St. Marys, Georgia on this 20 day of April in the year of our Lord 2015.



City of St. Marys, Georgia

By: 
John F. Morrissey, Mayor

Attest: 
Deborah Walker-Reed, City Clerk