

# OCTOBER *Angel's* Menu *Café*

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5-9	Hamburger Steak w/ onion and mushroom gravy Mashed Potatoes Peas & corn	Chicken Salad Sandwiches Tomato & cucumber Salad Fruit	Shepherds Pie Salad Hawaiian Rolls	Chicken & Broccoli Alfredo Carrots Garlic Bread	Pulled pork Mac N' Cheese Green Beans
12-16	Spaghetti & Meatballs Salad Fruit	Bangers and mash with onion gravy Peas	Chicken & yellow rice Broccoli Hawaiian roll	Meatloaf w/ gravy Mashed potatoes Carrots	Chicken Piccata Rice Broccoli
19-23	Sausage, red beans & rice Corn bread Fruit	Baked Spaghetti Salad Garlic bread	Chili and Cornbread Coleslaw	Bacon, Ranch Baked Chicken Rice Green beans	Blackened fish Cheese Grits Broccoli
26-30	Breakfast sausage patties Scrambled eggs Cheese grits Fruit	Lasagna with meat sauce Salad Garlic bread	Swedish Meatballs w/ gravy Mashed Potatoes Carrots	Chicken Pot Pie Salad	BBQ Chicken Mac N' Cheese Coleslaw